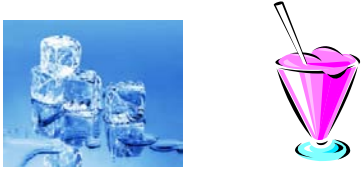


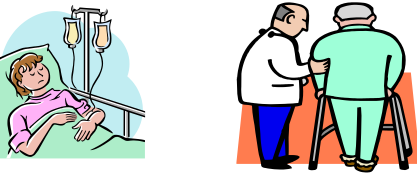
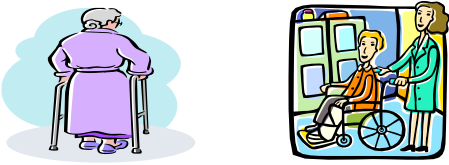








Patient Pathway for Sleep Apnea Surgery

	Day of Surgery - Admit to Intensive Care Unit	Day of Discharge	After Discharge
Nutrition	 <p>Ice Chips Then Progress To Liquid Diet</p>	 <p>Full Liquid Diet</p>	 <p>Continue Full Liquids For 2 Weeks. You Need To Drink 64oz of Liquid Per Day</p>
Activity	 <p>Walk With Help The Evening Of Surgery</p>	 <p>Increase Activity - Probable Discharge Today</p>	 <p>Short Frequent Walks</p>
Medication	 <p>IV Pain Medication Then Change To Liquid Medications When Eating</p>	 <p>Get Prescriptions Filled Before Your Discharge</p>	 <p>Take Your Pain Medications Regularly For The First 7-10 Days</p>
Planning for Home Care		 <p>Your Case Manager will set up your Home Care</p>	 <p>Visiting Nurse Will Come To Your Home After Discharge</p>

This Pathway has been developed to give you a picture of what to expect for your surgery. This is only a guideline. Variations may occur based on your individual situation